



Invitation to Ski-O
Lapin Lumirastit 28.-30.3.2014
including Finnish Championships in
sprint 28.3., middle distances 29.3. and ultra long 30.3.
in Sodankylä, Lapland

Competition rules

Rules of Finnish Orienteering Federation (FOF), special directions for ski orienteering FC 2014 and instructions given by the organizing club are to be followed.

Classes and distances

Date	Distance	Classes
28.3. Fr	Sprint, WRE, FC	H14-70 ja D14-70
	Sprint (not FC)	H12, H13, H21C, H75-85, D12, D13, D21C, D75-80
29.3. Sa	Middle distance	H16-85 ja D16-80
	Middle distance (not FC)	H12-14, H21 C, D12-14, D21C
30.3. Su	Ultra long distance, FC	H16-85 ja D16-80
	Long distance (not FC)	H12-14, H21 C, D12-14, D21C

All races are World Ranking Events (WRE) in classes H21 ja D21.

The distances of the races follow the recommendations given by FOF.

Eligibility to FC races is consistent with the FOF rules. Foreign competitors who don't belong to Finnish clubs can participate in classes H21 and D21 but will not be awarded FC medals.

Attention: Because of variation in FC classes, sprint race is not included in overall results in classes H and D 70-85 and H ja D 13-14.

Starts

Date	Classes	Start
28.3. Fr	H12-85, H21C, D12-80, D21C	Interval start from 16:00
30.3. Sa	H12-85, H21C, D12-80, D21C	Interval start from 10:00
29.3. Su	H12-14, H35-85, H21C, D12-14, D35-80, D21C	Interval start from 10:00
	H21, H20, H18, H16, D21, D20, D18 ja D16	Mass starts 11:30 and 11:45

Distance from the Event Centre to starts is max 300 m.

Punching and GPS-tracking

EmiTag punching system in all races.

EmitTag timing chips are available for rent through entry system.

GPS-tracking in classes H21 and D21.

Map

Ski-o map 3/2014, contour interval is 5 m. In the sprint, the scale is 1:5 000, in the ultra long distance 1:15 000 or 1:10 000 and in the middle distance 1:10 000. The map is laser-printed and size is A4.

Terrain

Terrain is coniferous hills with maximum elevation of 120 m. The area has a network of skiing trails.

Arriving

From the highway nr 5 about 0,5 km from the centre of Sodankylä towards Kemijärvi. 10 minutes to drive.
Destination address: Kommatintie. Signs on the road from 28.3. 10:00.

Event Centre and Parking

Event Centre in Kommatti Ski Centre is open from 28.3. at 10:00. Parking area is close to the centre. No parking fees. The Event Centre has a café.

The Event Centre has WC:s and limited capacity of clothing and washing facilities inside and a large tent for additional cover. Ski service outside.

Prizes

In all classes overall results are counted by points given in all races. The winner of the class in a race scores 1000 points and all others in relation to winning time.

Prizes:

Sprint race: FC medals and plaques, winners of other classes

Middle distance: FC medals and plaques, winners of other classes

Ultra long distance: FC medals and plaques, Lumirastit prizes by overall results.

Entries

Entries latest on Thursday, 20.3.2014 at 24:00 by using FOF's IRMA service or by letter addressed to Risto Kivinen, Karjaskyläntie 87, 24100 Salo.

Rental EmiTag-chip will be assigned if no EmiTag number is given in the entry.
Rental fee is 5 euros/race or 10 euros/3 races.

Late registration with 1.5-times the normal entry fee for Lapin Lumirastit are accepted until Wednesday, 26.3.2013 at 24:00 in the IRMA service only.

No late registration or delayed entries are accepted in the FC race.

Entry fees

Entry fee of ultra long FC race is 30,00 euros in FC classes.

Entry fee of sprint and middle distance FC races is 25,00 euros in FC classes

Entry fee of classes H/D12 ja H/D14 is 13 euros/race.

Entry fee of all other classes (non-FC) is 18 euros/race.

Entry fees shall be paid in the IRMA service.

Entries by letter should be paid at the entry date to the account:

Lapin Veikot ry IBAN FI03 5641 2520 0447 69 BIC OKOYFIHH

Accommodation and food

There is large choice of accommodation and food services in Sodankylä city and Luosto Ski Resort. Check the Event site for links and offers.

Changes and low temperature limit

Changes due to temperature or snow conditions are in the event site. Temperature limit is -20 C one hour before the first start. Starts can be delayed according to the jury's decision. The delay of a start or cancelling of a race will be informed two hours before the first start. If a race must be cancelled because of natural conditions, the organizers can hold a part of the registration fee.

Officials:

Event Manager	Pertti Itkonen	pjitkonen@hotmail.com	+358 400 193647
Course Setter	Kauko Pääkkölä		
Information	Pentti Poikela	pentti.poikela@pp.inet.fi	+358 40 5191521
Results	Risto Kivinen	risto.kivinen@resultfellows.com	+358 44-0583583
Controller, TD	Unto Kanerva	FOF	
Controller, courses	Esa Turunen	Kiruna IFK	

Event site: <http://www.lapinlumirastit.fi>

Welcome to Sodankylä

Lapin Veikot ry